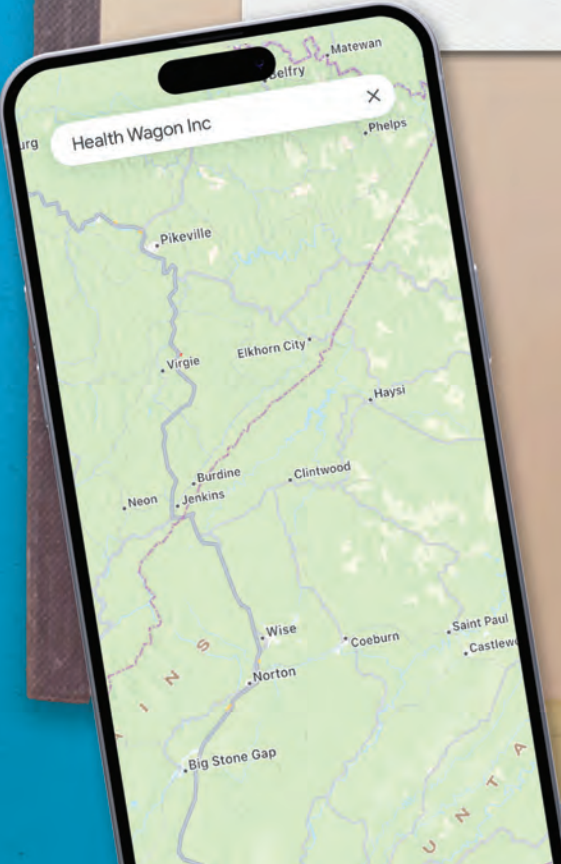
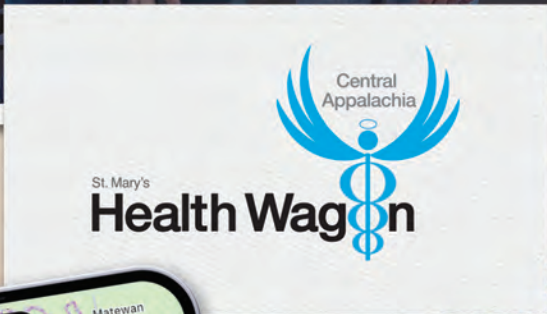




Our donors
would love to
hear about how
their support
helped our friends!

2
2





William

When 88-year-old William started suffering from breathing problems and other issues, he knew who could help—the **Health Wagon**.

COPD (chronic obstructive pulmonary disease) and enlargement of the heart would make anyone feel bad. But years of working in the coal mines also left William with stage one black lung disease. This combination of health problems led to severe difficulty breathing.

Health Wagon providers gave William pulmonary function tests to measure how well his lungs were working. Dr. Joseph Smiddy, a retired pulmonologist and the Health Wagon's Medical Director, determined that the condition of William's lungs restricted air flow both in and out.

Health Wagon providers gave him medication to open his airways and make it easier to breathe. They also educated him on medication management and when to seek emergency care.

Health Wagon Clinical Director and Family Nurse Practitioner Paula Hill-Collins stated, "We are so blessed to have Dr. Smiddy offer his expertise to our patients. His intervention extended William's life."

Many coal miners in the region, who worked tirelessly to support their families, now face lifelong health challenges that have taken a toll on their well-being.

William's story is just one out of many.

William and his family express their heartfelt appreciation for your unwavering support of the Health Wagon, as your contributions have made a difference in his ability to breathe better and have improved his quality of life.



2022 Recap

OUTREACHES AND EVENTS

3rd Innovative Readiness Training "Appalachian Care Event" saw 2,225 medical, 1,019 vision, 2,933 dental, and 1,228 nutrition patients for a total value of care of \$550,000.

Over 250 patients were treated at our two-day Move Mountains Medical Mission's Spring Health Fair.

Free school supplies, clothing, and food given to 400 children and 100 adults at Davey's Back to School Shuffle.

Gave more than 225 flu and COVID-19 vaccinations at Clintwood's Trick-or-Treat Night and Wise County Fall Fling.

Deployed mobile unit to Isom, Ky., to deliver supplies and treat those in need after a tragic flood.

We gave out over 200 Thanksgiving dinners to those in need, thanks to a private donor.

Broke ground on Owens and Hill Dental Health Clinic in Wise County, marking a significant milestone as the region's first free clinic of its kind.

Partnered with ETSU's Quillen College of Medicine for a two-day event. This longstanding partnership allowed us to treat 165 individuals.

Sr. Bernie Kenny, Health Wagon founder, was Grand Marshal in Clintwood's Christmas Parade. In the 1980s, she traveled rural mountain roads in her VW Beetle to deliver care, later starting the nation's first mobile health clinic.

Belize health outreach provided primary care, health education, hearing aids, and more.

In the News

Featured on podcasts including "Managed Care Cast," "Focus on POCUS," and BBC News World Service's "The Documentary"

Featured in "The Skyhawk Story: The Kitty Hawk Moment" and "Our Human Planet" series, both on YouTube

Dr. Teresa Owens Tyson, DNP, MSN, FNP-BC, FAANP, was honored with FiercethealthIT Woman of Influence Award

GRANTS AND GIFTS

A new Winnebago has joined our fleet of 4 mobile units. Two are in active rotation and the other 2 are used for events that provide dental care and lung cancer screenings.

Received the CDC Foundation's Partnering for Vaccine Equity (P4VE) Grant.

Rapha Foundation funded the purchase of panoramic x-ray unit for new dental clinic.

\$1,250,000 check was presented by Virginia Senator Mark R. Warner to support the Owens and Hill Dental Health Clinic.

\$500,000 Appalachian Regional Commission POWER grant awarded to support oral health needs of rural areas.

Longstanding partnership with Aetna Foundation continues with a \$50,000 grant to support our "Mobile Clinic Delivery of Health Care Services in Southwest Virginia."



Dear Friend,

What you're reading is our 2022 annual report—but we call it our “Gratitude Report” instead. That’s because we want it to express to our generous donors how much gratitude we have for you.

The compassion you’ve shown the past year through donations has made a huge impact on our 10,750 patients who saw us for a total of 26,616 visits. These patients received much-needed medical, dental, and vision care—100% free of charge. What an incredible demonstration of kindness!

The people of poverty-stricken Southwest Virginia rely upon you to get the lifesaving health care they otherwise wouldn’t be able to access. Your good will means these patients never have to worry about how to afford a visit to a doctor’s office.

Patients like Leisa, who suffers from chronic respiratory failure and struggled to maintain her oxygen levels, and who found relief when we obtained a device to help her breathe easier; Nancy, whose life-threatening tooth infection was treated at our dental mobile unit; David, whose history of traumatic brain injury makes him fearful of doctors, and who received at-home specialized care from our nurses; and Christen, who received ongoing support for her chronic, debilitating migraines. These patients showcase the life-changing difference your donations have made.

For that, they are incredibly grateful. And so are we.

We cannot thank you enough for being true Health Care Heroes! Every dollar you donate provides \$100 in services. That means we can support our patients at every step of their health care journey.

Gratefully,

*Dr. Teresa
Tyson, FNP, FAANP*

Dr. Teresa Owens Tyson,
DNP, MSN, FNP-BC, FAANP
President and CEO



Teresa Owens Tyson,
President and CEO

Sister Bernie Kenny,
Founder of the Health Wagon

Paula Hill-Collins
Vice President and
Clinical Director

Stats



THE AVERAGE PATIENT YOU SUPPORT AT THE HEALTH WAGON:

100% are uninsured and underinsured
They may have insurance but can’t afford copays and deductibles.

41 years old
That’s the average age, but we see patients from newborn to elderly—from the start of life to the end.

93% of our patients have an annual income of less than \$20,000
Our six counties face extreme levels of poverty and unemployment despite Virginia having 4 of the 10 wealthiest counties in the country.

TOP CHRONIC CONDITIONS TREATED:

COVID-19, cardiovascular/hypertension, endocrinology/diabetes, depression, pulmonary

SOCIAL NEEDS SUPPORTED:

Housing, housing repairs, education, food, clothing, utilities, medicine, legal aid, counseling, transportation



2022 Pillars of Care

For the residents of our region who need health care but cannot afford it, your generous donations are often lifesaving. And while the impact of COVID-19 has lessened, it hasn't gone away, just as the other illnesses we treat continue to affect the people of Southwest Virginia. In 2022, we addressed 4 pillars of care, where we put your donations to work for our precious patients.

PILLAR ONE — MEDICAL

As in past years, your support helps the Health Wagon provide free preventive, primary, and specialty medical care to underserved patients. In 2022, the most common conditions we saw were heart disease, diabetes, lung disease, depression, and cancer. We also provided treatment for injuries and everyday illnesses, plus vaccinations for COVID-19, childhood conditions, flu, shingles, and more.

Our care doesn't end with a diagnosis or treatment. We know how expensive prescriptions can be, but also how important they are for a full recovery in many cases. That's why our Pharmacy Connect program exists—to help our patients significantly lower their prescription costs or even get them for free.

Your generous donations make this program possible!



Sarah

As a primary care patient at the Health Wagon, Sarah was already grateful for the donors who support the organization and pleased with the free care she received. But when she was diagnosed with thyroid cancer, she experienced a new level of care that went above and beyond her regular visits.

Sarah's provider, nurse practitioner Jazlyn Rowe, advocated on Sarah's behalf to ensure she was set up quickly with a cancer specialist who could offer free diagnostic procedures and even surgery.

"That connection saved her life," Jazlyn said.

Without the Health Wagon, Sarah said, "I honestly don't know where I'd be. If somebody didn't step in, it could have been so much worse than what it had been."

Sarah said that her overall experience with the Health Wagon has been "wonderful." "If I'm sick, they get me in quick, they get meds started, they get me connections with companies to get medicine mailed to me for free."

Sarah is also appreciative of the generosity of the people who donate to the Health Wagon. She said, "Southwest Virginia is about as poor as you can get. Having access to medical care—it's life and death."

Early vision care is crucial to preventing permanent vision loss or blindness, but for people without insurance, it's often put on the back burner. With your generous support, the Health Wagon Vision Clinic was able to offer eye exams and eyeglasses to 290 unduplicated patients—and we couldn't have done that without you!



Elise



As one of the many uninsured residents of Southwest Virginia, Elise initially came to the Health Wagon to receive care for thyroid problems. So when she later started having issues with her eyes and vision, she knew who to call.

Dr. Alaina Short, a volunteer optometrist at the Health Wagon Vision Clinic, examined Elise's eyes and diagnosed her with macular degeneration, dry eyes, and elevated eye pressure.

Elise was set up with vitamins, medicine, and eyedrops and we connected her with prescription assistance so she could get her medications for free. All three of her eye problems have since stabilized.

Elise is thankful that there are people in this region who step up and make these "gifts of life." Even the smallest of donations makes the difference. "It helps a lot of people!" she said.

Lack of dental care can lead to life-threatening health conditions. Thanks to your support, we were able to see 3,249 unduplicated patients, performing much-needed cleanings, fillings, and extractions for these deserving people.



Christopher

Without your compassionate support, Christopher may not have survived the excruciating abscessed tooth that was causing a rapid decline in his quality of life. At 30 years old, he had never seen a dentist, but when his pain became too intense to ignore any longer, he sought the help of the Health Wagon.

Dr. Olivia Stallard, DMD, and the staff of the mobile dental unit found that most of Christopher's teeth were broken or chipped. They had to pull all but two. Once he's fully healed from the extractions, the Health Wagon will provide him with dentures.

"We saved that kid's life," said Dr. Stallard, adding that your support has made a life-changing impact on others like Christopher.

An untreated abscessed tooth can lead to widespread infections in the body and even death. By taking the courageous step to visit the Health Wagon, Christopher's life was saved. We were just one step on his journey to a brighter future, giving him the confidence to pursue a masonry certification at a local community college.

"Every day I see patients who have never seen a dentist. We're here to change that," Dr. Stallard said.



Mobile Crisis Outreach

PILLAR FOUR
OUTREACH

When a 1,000-year historical flood hit the towns of Eastern Kentucky and Southwest Virginia unexpectedly, the Health Wagon swiftly came together to provide much-needed support.

So many had lost everything overnight. The devastating situation called for unity and compassion. In solidarity, the Health Wagon loaned a mobile unit to serve as a makeshift clinic in Isom, Ky., which had been completely destroyed by the floods. This mobile unit became a lifeline for the community, providing critical medical services and support for over 120 days.



Our team worked around the clock to gather supplies and provide essential care, including tetanus shots, food, and toiletries to our friends and neighbors. Our Mobile Crisis Outreach initiative serves as a beacon of hope and support in times of great need. Many of our donors went above and beyond during this time and it made all the difference, so thank you!

Owens and Hill Dental Health Clinic

With the knowledge that a healthy smile can transform a life, we are proud to announce that the Owens and Hill Dental Health Clinic is now open and treating patients. And we could not have done it without you!

This stationary clinic, the first free dental clinic in the region, greatly expands upon the services we can offer and the number of patients we can treat. While we will continue to use our mobile dental unit, this new clinic provides more staff members, more services, and means we can provide dental care 365 days a year.

Services include *cleanings, fillings, extractions, crowns, root canals, and in-house 3D printing for partial and full dentures*. The clinic has *negative pressure, a teaching classroom, 10 exam rooms, sterilization, a denture lab, and an oral cancer screening unit*. In addition, the Rapha Foundation generously donated a state-of-the-art system that produces *3D images of the teeth, mouth, jaw, neck, ears, nose, and throat*.

Your generosity made this possible, and we look forward to seeing you at the ribbon-cutting ceremony in July 2023!



YOU PAVED THE WAY FOR 26,616 VISITS

With your support, together with others like you, 10,750 precious people were able to receive medical care 26,616 times. From simple, everyday ailments to COVID-19 to specialty, acute, and emergency services, you were right there with us.

You saved lives!



OUR SERVICES

Acute disease management
After-hours clinic
Behavioral health clinics
Bone-density screenings
Cancer screening clinics (cystoscopy, mammography, pap smears, lung screenings)
Cardiovascular disease management
CDL certification appointments
Chronic disease management
Colposcopy clinics
Community and group lifestyle coaching classes
COVID-19 testing, vaccination clinics, monoclonal antibody treatment clinics
Cystoscopies
Deaf and hard of hearing assistance
Dental
Dentures (in-house 3D printing)
Dermatology clinics
Diabetic education
Ear, nose, and throat (ENT) clinics
Echocardiogram clinics
Endocrinology clinics
Eye exams and eyeglasses (fabrication)
Hepatitis C clinics
Influenza vaccine clinics
International outreach
Lab services
Medical therapy management
Medicare and medicaid enrollment

Medication-assisted treatment (Sublocade)
Mental health screenings and treatment
Mobile crisis outreach
Nephrology clinics
Ostomy clinics
Pastoral care
Pharmacy Connect and medication assistance
Physical assessments
Pneumococcal vaccines
Podiatry clinics
Post-COVID-19 clinics
Pre-op and post-op surgery clinics
Psychiatry clinics
Psychological counseling
Pulmonary clinics
Referrals and follow-up systems
Skin cancer screenings
Sports physicals
Substance use and opioid use disorder counseling
Telemedicine clinics: cardiology, colposcopy, counseling, gastroenterology, nephrology, pain management, and primary care
Transportation assistance
Ultrasound clinics
Urology clinics
Vision
Women's health clinic (mammography and pap smears)
Wound care clinics
X-ray clinics



St. Mary's

Health Wagon

OTHER INITIATIVES YOU MADE HAPPEN

Changing lives together.

Your support makes every service free!

Americares / Eli Lilly Diabetes Outreach
BEAT Diabetes
Becton Dickinson, Heart-to-Heart, National Association of Free and Charitable Clinics
Point of Care Testing Program
CDC Diabetes Prevention Program
CDC Partnering for Vaccine Equity (P4VE) Program
Community Outreaches and Health Fairs
Diagnostic Screening Programs (X-Ray and Ultrasound)
Food Distributions and Food Pantry
Loan Closet Program for Medical Equipment
Lung Cancer Early Screening Program
Move Mountains Medical Missions (formerly Wise Remote Area Medical)
Obstructive Sleep Apnea Resources
Retinopathy Screening Program
Sister Bernie Kenny Scholarship
Social Services / Giveaway Events Supported by United Breast Cancer Foundation
VAFCC Outreach and Enrollment
Virginia Health Care Foundation Medicaid Expansion Enrollment

Every service we offer is free.
We can't do that without you.

We'd also like to say a special thank you to our 43 partner colleges and universities that provide so many opportunities to advance rural care.

American University of Antigua College of Medicine
Appalachian College of Pharmacy
Arizona State University
Bill Gatton School of Pharmacy
Carroll College
Chamberlain College of Nursing
Drexel University
East Tennessee State University College of Nursing
Eastern Virginia Medical School
Francis Marion University
Frontier Nursing University
Georgetown University
Gonzaga University
Jefferson College of Health Sciences
King University
Liberty University

Lincoln Memorial University Caylor School of Nursing
Lincoln Memorial University Debusk College of Osteopathic Medicine
Mountain Empire Community College Nursing Program
Old Dominion University School of Nursing
Purdue University
Quillen College of Medicine
Radford University School of Nursing
Sacred Heart University
Southwest Virginia Community College
The University of Virginia School of Nursing
The University of Virginia's College at Wise
University of Kentucky College of Health Sciences
University of Kentucky School of Nursing
University of Newcastle Australia
University of North Carolina Greensboro School of Nursing
University of Pikeville College of Optometry
University of Pikeville College of Osteopathic Medicine
University of Richmond, Robins School of Business
University of Tennessee
Vanderbilt University
Virginia Commonwealth University College of Medicine
Virginia Commonwealth University School of Nursing
Virginia Commonwealth University School of Pharmacy
Virginia Tech University
Wake Forest University
Wytheville Community College
York College of Pennsylvania



Vital Statistics

\$5,216,736
Value of Care [\$196/visit]



26,616
Patient Visits



2,411
Number of Referrals



13,141
Labs Ordered

COVID-19*
4,653 Vaccinations
19,040 Tests
7,687 Monoclonal Antibody Treatments

* Cumulative totals since the beginning of the pandemic.

\$1,048,358
Total Value of Pharmacy Connect Medications Ordered

10,750
Unduplicated Patients Served



4 Active Mobile Units

4 Stationary Clinics

150 Students and Volunteers

703 Active Pharmacy Connect Patients

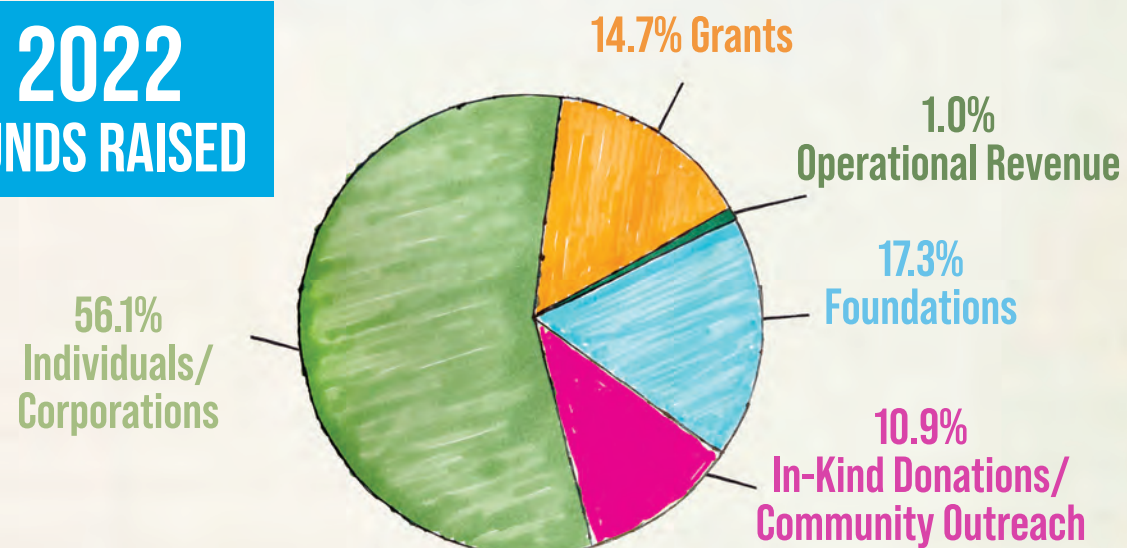


\$1 Support = \$100 in Health Care Services

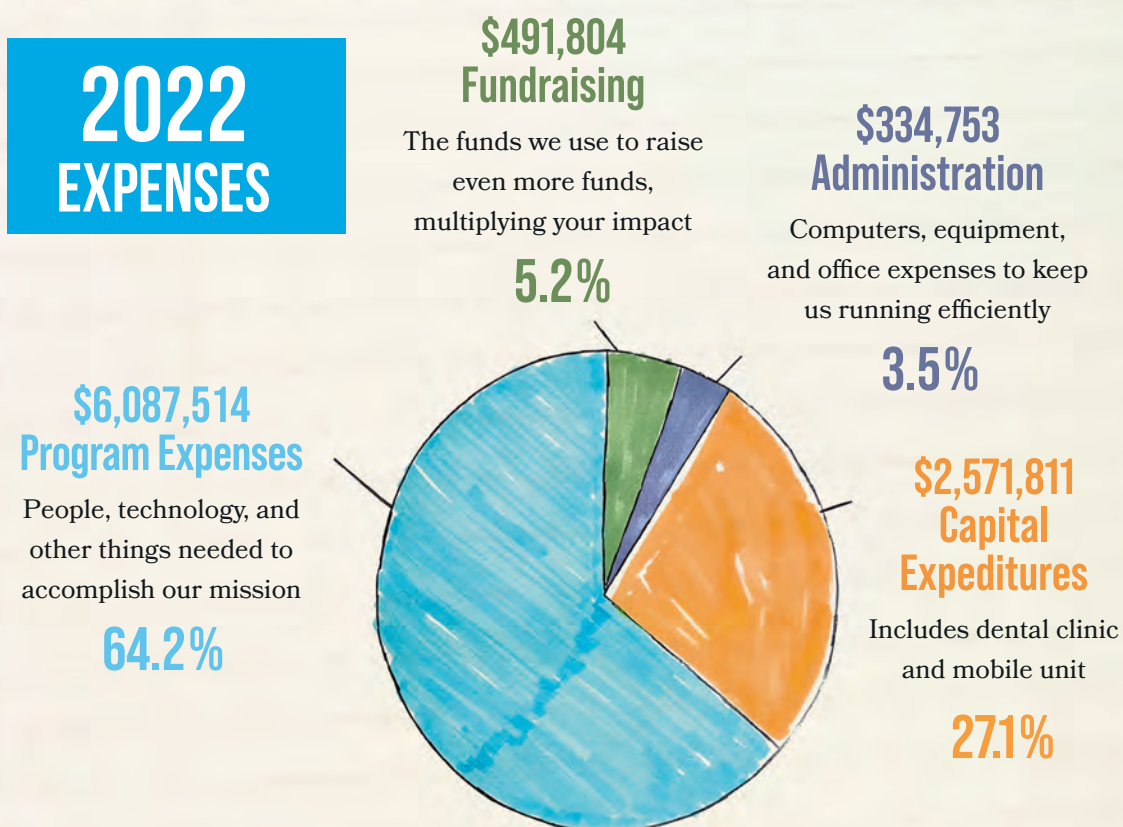
Every dollar donated to the Health Wagon provides \$100 in health care services.

Your financial gifts help make everything possible!
Creating healthier futures because of you!

2022 FUNDS RAISED



2022 EXPENSES



WHAT'S IN STORE FOR 2023?

With your support in 2023, our mobile and stationary clinics will continue to serve patients throughout the region, even those in the most remote areas.

We are thrilled to share our plans for bringing the region's first charitable pharmacy to Wise County! With so many paying hundreds of dollars a month for lifesaving medications, we knew we had to step in and help. With your generous donations, we will keep looking for ways to make the services we offer even easier for people to access.

We will treat thousands of uninsured and underinsured patients at our 21st Annual Move Mountains Medical Mission event in July. We will be providing dental, vision, medical, veterinary, social, and spiritual care, as well as advanced diagnostics.

And with your compassion, we will continue offering free health care to the residents who need it the most. Our reach even impacted the lives of patients from 24 other states this past year.

You made so many wonderful things possible in 2022, and we are grateful for your continued support as we move forward into 2023.



How You Can Help

Your gift today provides lifesaving health care to uninsured and underinsured patients in poverty-stricken Appalachia, including Virginia and surrounding areas.

Thanks to our amazing volunteers and donated supplies and equipment, every dollar you give right now provides \$100 in medical care.

Please donate now to provide lifesaving medical care for these precious people.

VOLUNTEER

If you are interested in volunteering at the Health Wagon, please contact us at volunteer@thehealthwagon.org or call (276) 328-8850.

HOST A FUNDRAISER FOR THE HEALTH WAGON

If you would like to host a fundraiser for the Health Wagon, please contact our development team at development@thehealthwagon.org.

INVITE THE HEALTH WAGON FOR A SPEAKING ENGAGEMENT

If you would like to invite Dr. Teresa Owens Tyson, DNP, MSN, FNP-BC, FAANP, and Dr. Paula Hill-Collins, DNP, FNP-BC, PPCNP-BC, FAANP, to speak at an event or conference, please email invite@thehealthwagon.org or call (276) 328-8850.

Donate Online

Follow this link to make an online donation
thehealthwagon.org/healthcare-hero

or donate via PayPal

paypal.com/us/fundraiser/charity/1408212

Donate by mail

St. Mary's Health Wagon
P.O. Box 7070
Wise, VA 24293

or call

Derek Hubbard at
(276) 325-0529



STOCK

If you wish to donate stocks or other securities, please use the following information:

Investment Firm: Ameriprise Financial Services, Inc.

Health Wagon A/C#: 46809519

Health Wagon DTC#: 0756

IRA QUALIFIED CHARITABLE DISTRIBUTION (QCD)

If you are 70½ or older and own an IRA, you may make a direct transfer of up to \$100,000 annually from your IRA to St. Mary's Health Wagon without having to include the withdrawal in your adjusted gross income for income tax purposes.

- Donor must be 70½ or older.
- Donation must come from a traditional or inherited IRA.
- The maximum annual gift transfer is \$100,000 per donor.
- Transfers must go directly to a recognized charitable organization such as the Health Wagon. Be careful. The money cannot go to you first.
- Donation counts toward satisfying donor's required minimum distribution but is not included in adjusted gross income.

PLANNED GIVING OR GIFTS OUTSIDE OF WILLS

If you wish to include the Health Wagon in gifts outside of wills, including gifts like a charitable lead trust, charitable lead annuity trust, bargain sale, and retained life estate, which all avoid probate, as well as gifts of assets like appreciated securities, retirement plans, insurance policies, and real estate, please contact our development team at development@thehealthwagon.org.



QUESTIONS?

**Call Dr. Teresa Owens Tyson,
DNP, MSN, FNP-BC, FAANP,
at (276) 337-6848**



P.O. Box 7070
5626 Patriot Drive
Wise, VA 24293
(276) 328-8850
thehealthwagon.org

Numerous photos in this report by Natalie Foo &
Tim C. Cox, timccox.com.

A portion of design services for this report were provided as an
in-kind donation by Hillhouse Creative, hillhousecreative.com.



**MEDICAL DIRECTOR AND
CHAIRMAN OF THE BOARD**

JOSEPH F. SMIDDY, MD

Church Hill, Tennessee

VICE CHAIRMAN OF THE BOARD

SHEILAH COLLINS

Coeburn, Virginia

SECRETARY

PATRICIA SONNER

Bristol, Virginia

TREASURER

MARY WHITE

McClure, Virginia

TONY GREENE

Coeburn, Virginia

VALERIE STEWART, FNP

Breaks, Virginia

STEVE SMITH

Church Hill, Tennessee

SHIRLEY WOODWARD

Coeburn, Virginia

MARK HANDY, MD

Abingdon, Virginia